St Carthage’s Cathedral Pastoral Council

On Saturday 15th June the Pastoral Council held a very successful formation day. Stephen and Sandy Ellem from St Mary’s Parish, Casino were the facilitators for the day and the council thank them for their inspiration, guidance and expertise.

I ask you to please keep the newly gathered council in your prayers as they take on their new roles in sharing the responsibility for the ongoing life and development of our parish community, working together with parishioners and visitors to provide support for their efforts to live as followers of Christ.

Fr Bing Monteagudo
**Holy Hour**

A reminder that Holy Hour will be held after the 9am Mass in the Cathedral this weekend - Corpus Christi. All are welcome to attend.

**Exposition and Benediction - Carmelite Monastery**

Exposition and Benediction will be held at the Carmelite Monastery this weekend with Exposition after the Sunday morning mass and Benediction at 11am. Exposition and Benediction will also be held on Friday 28 June - Most Sacred Heart of Jesus - after the 7am mass. All welcome.

**Sunday Brunch**

Sto. Nino Prayer Group will be holding a special morning tea/brunch after Holy Hour this Sunday, 23rd June. They will be providing cakes, tea, coffee and their specialities. All are welcome to attend at Doyle House.

**St Vincent De Paul Winter Appeal**

The Winter Appeal this year continues to challenge the notion that ordinary people are able to make an extraordinary difference in the communities they live. The inspiration to do what matters is all around us. The Spirit to feed, heal, shelter, nurture, inspire-the power to change lives-is in everyone. When the St Vincent De Paul Society requests your help, it hopes that it enables you to do something about issues that are too big for individuals. Your commitment to helping those experiencing disadvantage and poverty is still very much needed and appreciated. We thank you for your generous donations.

An envelope is on your seat-please fill it out and put in on the collection plate today or next week.

**The Winsome Soup Kitchen**

Winter is now upon us, and every day we're asked for help, and our stocks are running low.

The main needs are....

- blankets
- sleeping bags
- warm clothes...

Please leave your donations at the Parish office and we will arrange the transfer of stock to the Winsome.

Thank you.

Deacon Graeme & Rosemary Davis

**Friends of Carmel Morning Tea**

We welcome you to our morning tea and meeting held at the Carmelite Monastery on Wednesday, 26 June 10:00am. Come and support the Carmelite Sisters. Phone Narelle on 66241973 for more information.

**Catechists Matter - Volunteers Needed**

Can you spare an hour a week to help sow the seeds of FAITH, HOPE and LOVE in GOD into the hearts of the children in our local State Schools?

The Church needs more Catechists and Helpers to assist the faith development of children in the State schools in our parish family. Are you able to assist? Even to rediscover your abilities as natural parents and parishioners.

For more information on becoming a Catechist contact Colleen Oaten, Coordinator 0428243776 or the Parish Office 02 66260200.

Please give some thought to this important invitation. You won’t be thrown in without a lot of preparation and support from our team.

**Disabled Parking and Cathedral Access**

There is disabled parking available for parishioners in the main car park and on the Dawson Street side of the Cathedral. Wheelchair access to the Cathedral is via the ramp at the Dawson Street entrance. We encourage parishioners to use this entrance if they have mobility issues.

**End of Life Care**

**A session for all** will be held on Tuesday 16 July, 10.30am, McCarthy Hall (adjacent to the Catholic Church), Alstonville preceded by morning tea at 10am.

Facilitated by Kylie Greensill, Nurse Unit Manager of the Palliative Care Unit, St Vincent’s Hospital, Lismore, and Alstonville parishioner.

The end of life deserves as much respect, care and beauty as the beginning. There is such a thing as a good death.

Accessing good palliative care can provide a peaceful and well managed death without resorting to euthanasia (assisted dying).
Please remember in your prayers:
THOSE WHO ARE SICK: Leslee Hunt, John Muscat, Elsa Dumlao, Noel Bell, Carmel Windred, Mary Mason, Pat Cree, Margaret Amos, Georgia Rhodes, Barbi Osborn, Dawn Brohier.
THOSE WHO ARE RECENTLY DECEASED: Eileen McGuiness, Roslyn Clifford, Nathan Hayward, Margaret Clifford, Ida Ros, Joyce Wallington, Patricia Mary Jung, David Behan, Sr Jill (Josephine) Kennedy
THOSE WHOSE ANNIVERSARIES ARE AT THIS TIME: Shane Coffey, Norman Buchanan, Patricia Armstrong
OTHER SPECIAL INTENTIONS: Billy and Vergie Monteagudo.

22/23 June - St Vincent De Paul Winter Appeal
23 June - Holy Hour after 9am Mass, Cathedral
23 June - Benediction and Adoration after 7am Mass at Carmelite Monastery
26 June - Friends of Carmel M/T - 10am Carmelite Monastery
30 June - Youth Group after 5:30 Mass
2 June - Sacrament of Reconciliation - 6:00pm

YOUTH GROUP
Are you in High School? Do you want to have fun, fellowship and celebrate your faith? Why not join the Proclaim Youth - Youth Group. Meetings are held on the 2nd and 4th Sunday starting with Mass on Sunday at 5:30 followed by Youth Group at St Carthage’s Primary School Hall from 6:30pm - 8:00pm. NEXT MEETING 30th June

MENS CHARISMATIC RETREAT FOR LISMORE DIOCESE.
Join us to Discover Who I Am in Christ commencing 9am on 13-14 July at Kyogle Catholic Church and stay at the local Pub.
Cost $150 plus the pubs evening meal.
Retreat Facilitator is Martin Costigan (B Applied Sc. Grad Dip in Religious Ed. Author and Natural Health Practitioner)
Contact Paul Murphy 0400752072 or email paul@winsome.org.au

COLLECTION TOTALS - Weekend 16 June
First collection - $ 1059.85
Second collection - $ 1379.00
Loose - $ 290.10

THIS WEEK’S MASS TIMES

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<tr>
<th>DAY</th>
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<tbody>
<tr>
<td>MON</td>
<td>BIRTH OF ST JOHN THE BAPTIST</td>
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<tr>
<td>24 June</td>
<td>7:00am: Mass - Carmelite Monastery</td>
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<td>25 June</td>
<td>9:00am: Mass - Mary’s Grange</td>
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<td>26 June</td>
<td>11:30am: Funeral - Cathedral</td>
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<td>TUE</td>
<td>7:00am: Mass - Carmelite Monastery</td>
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<td>26 June</td>
<td>8:00am: Mass - Cathedral</td>
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<td>WED</td>
<td>7:00am: Mass - Carmelite Monastery</td>
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<tr>
<td>26 June</td>
<td>8:00am: Mass - Cathedral</td>
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<td>27 June</td>
<td>12:00pm: Mass - St Vincent’s Hospital</td>
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<td>THURS</td>
<td>7:00am: Mass - Carmelite Monastery</td>
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<td>28 June</td>
<td>8:00am: Mass - Cathedral</td>
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<td>FRI</td>
<td>MOST SACRED HEART OF JESUS</td>
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<td>28 June</td>
<td>7:00am: Mass - Carmelite Monastery</td>
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<td>29 June</td>
<td>10:30am: Mass - St Joseph’s</td>
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<td>30 June</td>
<td>11:00am: Benediction - Carmelite Monastery</td>
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<td>30 June</td>
<td>12:05pm: Mass - Cathedral</td>
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<td>30 June</td>
<td>3:00pm: Adoration - St Mary’s Chapel</td>
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<td>SAT</td>
<td>8.00am: Mass - Carmelite Monastery</td>
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<td>29 June</td>
<td>5:30pm: Vigil Mass - Cathedral</td>
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<td>SUN</td>
<td>7:00am: Mass - Carmelite Monastery</td>
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<td>30 June</td>
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<td>30 June</td>
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<td>CONFESSION</td>
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<td>SATURDAYS 12-12:30pm - Cathedral</td>
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<td>ROSARY</td>
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<td>WEDNESDAY 5:30pm - St Dympna’s Church, Dunoon</td>
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LITURGY ROSTER – for 30th June - 13th Sunday in Ordinary Time

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<tr>
<th>DAY</th>
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<tr>
<td>SATURDAY 5.30pm</td>
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<td>Servers:</td>
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SUNDAY 9.00am
Michael Behan
Lew Wallace
Mary Ford
Michael M, Bryan

SUNDAY 5.30pm
Jack Sheridan
Diane Sheridan
Anne Ross
Lukas, Michael, William
FIRST READING
Genesis 14:18-20
Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:
‘Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.’ And Abraham gave him a tithe of everything.
The Word of the Lord.
Response: Thanks be to God.

RESPONSORIAL PSALM
Ps 109:1-4. R. v.4
(R.) You are a priest for ever, in the line of Melchizedek.
The Lord’s revelation to my Master: ‘Sit on my right: I will put your foes beneath your feet.’ (R.)
The Lord will send from Zion your sceptre of power: rule in the midst of all your foes. (R.)
A prince from the day of your birth on the holy mountains; from the womb before the daybreak I begot you. (R.)
The Lord has sworn an oath he will not change. ‘You are a priest for ever, a priest like Melchizedek of old.’ (R.)

SECOND READING
1 Corinthians 11:23-26
This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, ‘This is my body, which is for you; do this as a memorial of me.’ In the same way he took the cup after supper, and said, ‘This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.’ Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming to his death.
The Word of the Lord.
Response: Thanks be to God.

GOSPEL ACCLAMATION
Alleluia, alleluia!
I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.
Alleluia!

GOSPEL
Luke 9:11-17
Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.
It was late afternoon when the Twelve came to him and said, ‘Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.’ He replied, ‘Give them something to eat yourselves.’ But they said, ‘We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.’ For there were about five thousand men. But he said to his disciples, ‘Get them to sit down in parties of about fifty.’ They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.
The Gospel of the Lord.
Response: Praise to you Lord Jesus Christ.

NEXT WEEK’S READINGS
Kings 19:16. 19-21
Galatians 5:1. 13-18

O BREAD OF HEAVEN
O Bread of heaven, beneath this veil
Thou dost my very God conceal:
My Jesus, dearest treasure, hail:
I love thee and adoring kneel;
Each loving soul by thee is fed
With thy own self in form of bread.

O Food of life, thou who dost give
The Pledge of immortality;
I live; no, ’tis not I that live;
God gives me life, God lives in me:
He feeds my soul, he guides my ways,
And every grief with joy repays.

O bond of love, that dost unite
The servant to his living Lord;
Could I dare live, and not requite
Such love,- then death were meet reward:
I cannot live unless to prove,
Some love for such unmeasur’d love.

Beloved Lord in heaven above,
There, Jesus, thou awaitest me;
To gaze on thee with changeless love;
Yes, thus. I hope, thus it shall be;
For how can he deny me heaven
Who here on earth himself hath given?

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